PRINTING GUIDELINES FOR LHASEY LOTSAWA PRACTICE TEXTS

**Texts**

Print all the texts straight from the PDFs.

The final page size of these texts should be 4.25 inches x 8.5 inches (108mm high by 216 mm wide).

All printing should be done in black ink on good quality paper.

They pages should be printed back-to-back, aligned so that they can be flipped from bottom to top like a wall calendar, rather than from right to left as we would do with a Western-style book.

When printing on a duplex printer, choose double-sided printing and "long-edge binding". That way you will end up with, for example, page 2 on the opposite side of the piece of paper to page 1, but upside down compared to page 1 so you can flip the pages up from bottom to top like a wall calendar.

Alternatively on a non-duplex printer, print all the odd pages first. Then turn the stack of paper over and re-feed it into printer. Then print the even pages.

**Covers**

For the texts which have covers (e.g. Trinley Nyingpo), the covers should be printed on 250gm (or thereabouts) good quality card.

The page size for all covers is 4.25 inches x 8.5 inches (108mm high by 216 mm wide) (the exact same size as the texts).

***Traditional wooden and brocade pecha holders will soon be available from our website. In the meantime, you can purchase them from*** [***Tibetan Treasures***](http://www.tibetantreasures.com/Practice_Texts_Text_Covers.html)***.***